

THE SALTOUN INN

SMALL BITES

Soup of the Day £4.50

lentil & bacon or today's vegetarian choice with rustic bread & butter (v)

Chipolatas £5.95

warm with mustard & honey glaze (gf*)

Buffalo Wings £4.95/£8.95

4 or 8 wings deep fried, with hot sauce

Fire Cracker Prawns £8.95

with sweet chilli dip

Bloody Mary Prawn Cocktail £7.95

king prawns, atlantic prawns, Bloody Mary mayo, cucumber & tomato (gf*)

Nachos £7.95

corn tortilla chips, cheddar, mozzarella, salsa, guacamole, jalapenos & soured cream (v)

Brie Wedges £5.95

with cranberry dip (v)

Loaded Skins £4.95/£8.95

3 or 5 deep fried potato skins filled with a choice of: soured cream & chive (v) cheese & bacon

Haggis Popcorn £7.50

breaded & fried, whisky mayonnaise

Falafel Bon Bons £7.95

with hummus & olive oil drizzle (vg)

Garlic Ciabatta £4.25

with oodles of garlic butter (v)
add cheese £1.00
add cheese & caramelised onions £1.50

DIRTY FRIES

cheddar, red onion & jalapeno £6.95 (v)

haggis & cheddar cheese £7.95

cheddar & bacon £7.95

mac & cheese £7.95 (v)

PIZZAS

Margherita £9.25

sourdough base with tomato sauce & cubed mozzarella (v)

Diavola £10.50

sourdough base, tomato sauce, mozzarella, pepperoni, red peppers, salami & fresh red chillies

Haggis £10.50

sourdough base, tomato sauce, haggis, red onions & mozzarella

Classic Prosciutto £10.95

sourdough base with tomato sauce, mozzarella, prosciutto & parmesan

Pepperoni £10.95

sourdough base with tomato sauce, mozzarella & pepperoni

BOWLS

Wholetail Scampi £7.95

7 breaded scampi served with peas & tartare sauce

Southern Fried Chicken £8.25

3 spice crumbed chicken strips, 2 buffalo wings with chips, coleslaw & hot sauce

Falafels £8.50

7 chickpea falafels served with chips, hummus & salad (vg)

MAINS

Fish & Chips £9.45/£13.25

deep fried Fraserburgh haddock served with posh fries, peas & tartare sauce

Mac & Cheese £7.95

macaroni baked with mature cheddar cheese sauce served with house salad & garlic bread (v)

Homemade Fish Pie £13.50

haddock, salmon, prawn & smoked haddock topped with mashed potato, served with buttered cabbage, leeks & peas

Sweet Potato & Chickpea Curry £11.75

served with flatbread, poppadum & cauliflower rice (vg)

Singapore Noodles £7.45

oriental spiced noodles with vegetables
add southern fried chicken £1.50
add firecracker prawns £3.50

Haggis Sausage & Mash £8.95

pork & haggis sausage with mashed potato, gravy, caramelised onions & peas

Katsu Chicken £9.95

breaded chicken breast, Katsu curry sauce, basmati rice & salad

Caesar Salad £8.50

gem lettuce, caesar dressing, croutons, anchovies, parmesan (v*)
add chicken £1.95
add falafel £1.95 (v)

Steak Sandwich £10.95

sliced rump in a baguette with mustard mayo & caramelised onions served with fries (gf*)

Hunters Chicken £11.95

chicken breast, honey roast ham & cheese topped with BBQ sauce served with rustic fries & coleslaw

GRILL & BURGERS

add garlic butter or peppercorn sauce £2.25

Sirloin Steak £18.95

8oz Sirloin Steak served with string fries, onion rings & roast tomato (gf*)

Rump Steak £14.95

8oz Rump Steak served with string fries, onion rings & roast tomato (gf*)

Baby Back Ribs £9.95 / £16.95

slow cooked in BBQ sauce & served with string fries & chunky slaw
choose half or full rack

Saltoun Steak Burger £10.50

6oz beef burger, tomato relish on a pretzel bun with string fries (gf*)

Cheese Burger £11.25

6oz beef burger with melting cheddar cheese (gf*)

Cheese & Bacon Burger £11.95

6oz beef burger with melting cheddar cheese & smoked streaky bacon (gf*)

Highland Burger £11.95

6oz beef burger with haggis

Brunch Burger £12.50

6oz beef burger with bacon, cheese & a fried egg (gf*)

Buttermilk Chicken Burger £10.50

battered & fried chicken breast

Gourmet Garden Burger £10.50

Plant based vegan burger (vg)

upgrade any burger to 12oz for £2.50

all served in a glazed bun with pickle, lettuce, tomato, red onion, coleslaw & string fries

SIDES

Cajun Fries £3

Onion rings £3

Mac & Cheese £3

House Salad £3

please check the allergen information every time you visit our restaurants as we may have changed the recipe or ingredients on one or more of our dishes.
gf = gluten free, gf* = gluten free option (alternatives additional £1)
v = vegetarian, vg = vegan



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- The Weigh Inn, Thurso
- Ynot Bar & Grill, Thurso
- The River House, Wick
- The Seaview, John o' Groats
- The Saltoun Inn, Fraserburgh